

OR HAMIDBAR

SPIRITUAL JUDAISM IN THE DESERT

1. Hallelu

Hallelu, hallelu, hallelu... halleluyah
Kol han'shamah te halel yah, hallelu, halleluyah;
Every breathing soul shall give praise;
With each and every breath, *halleluiah*.

2. Or Hadash - A New Light

Or hadash al Tzion tair, or hadash al Tzion tair,
v'nizkeh chulanu bim'hairah le'oro
May You shine a new light upon Zion and may we
all soon enjoy its glow.

3. Parshat Ha'azinu - Deuteronomy 32:2

יְעַרְף בְּמָטָר לְקֹחֵי וְכַרְבִּיבִים עָלֶי-עֶשֶׂב:
תִּזְלַב בְּטַל אֲמַרְתִּי

May my discourse come down as the rain,
My speech distill as the dew,
Like showers on young growth,
Like droplets on the grass.

4. Babylonian Talmud, Ta'anit 7a

Rav Yehuda said: The day of the rains is as great as the day on which the Torah was given, as it is stated: "My doctrine [*likhi*] shall drop as the rain" (Deut. 32:2), and *lekaḥ* means nothing other than Torah, as it is stated: "For I give you good doctrine [*lekaḥ*]; do not forsake My Torah" (Prov. 4:2). Rava said: Rainfall is even greater than the day on which the Torah was given, as it is stated: "My doctrine shall drop as the rain," and when one makes a comparison, which object is made dependent upon which? You must say that the lesser object is dependent upon the greater one. If Torah is compared to rain, it follows that rain is greater than Torah.

5. Lecha Dodi

Lecha dodi likrat kala, p'nei Shabbat n'kabelah!
-Shamor v'zachor b'dibur echad, hishmi'anu el
ha'meyuchad, Adonai echad u'shmo echad; L'shem
ul'tiferet v'l'tehila.
-Likrat Shabbat l'chu v'nelcha, ki hi m'kor ha'bracha.
me'rosh mi'kedem n'sucha; sof ma'aseh
b'mach'shava t'chila.
-Bo'i b'shalom aberet isha, gam b'simha u'v'tzahala,
toch emunei am s'gula, bo'i khala, bo'i kala.
Come my beloved and let us greet the Shabbat!

6. In the Lord - Tov L'hodot

Tov l'hodot l'Adonai ulzamer leshimcha Elyon,
lehagid baboker chasdecha ve-emunatcha ba-leylot,
tov l'hodot l'Adonai.

In the Lord, I'll be ever thankful, in the Lord I will rejoice! Look to God, do not be afraid; lift up your voices: the Lord is near, lift up your voices: the Lord is near.

7. Barchu

Bar-chu et Adonai ha-mevorach. Baruch Adonai ha-
mevorach l'olam va'ed.
Praise Adonai, praised, now and forever.

8. Creation - Ham'ariv Aravim

Baruch ata Adonai, hama'ariv aravim.
Praised are You, YHVH our God, who consistently brings about evening after evening.

9. Revelation - Ohev Yisrael

Baruch ata Adonai, Ohev Yisrael.
Praised are You, YHVH our God, Lover of Israel, those who struggle.

10. Sh'ma

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד.

Sh'ma Yisrael, Adonai Eloheynu, Adonai Ehad.
Hear, O Israel: The Lord is our God, the Lord is One.

V'ahavta eyt Adonai Elohecha b'chol l'vavcha, u-
v'chol naf-sh'cha, u-v'hol m'odecha. V'ha-yu ha-
d'varim ha-eyleh asher anochi m'tza-v'he ha-yom al
l'va-vecha v'shi-nan-tam l'va-necha v'dibarta bam,
b'shiv-t'cha b'vey-techa, u-v'lechtech va-derech,
u-v'shochbecha u-v'ku-mecha. U-k'shar-tam l'ot al
ya-decha, v'ha-yu l'totafot beyn eynecha. U-ch'tav-
tam al m'zuzot bey-techa u-vish-arecha.

Love your God with every heartbeat,
with every breath, with every conscious act.
Keep in mind the words I command you today.
Teach them to your children, talk about them at work; whether you are tired or you are rested.
Let them guide the work of your hands;
keep them in the forefront of your vision.
Do not leave them at the doorpost of your house, or outside your gate.

Ani Adonai Eloheichem asher hotzeiti etchem
m'erezt mitzrayim l'hiyot lachem l'Elohim

I am the Lord your God who took you out of the land of Egypt in order to be your God.

11. Redemption - Go'el Yisrael

Baruch ata Adonai, Go'el Yisrael.

Praised are You, YHVH our God, Redeemer of Israel, those who struggle.

12. Sukkot Shlomecha - Shelter of your Peace

U'fros aleinu, su-u-kat, su-u-kat shelomecha

Baruch atah Adonai, ha-poreis suk-kat shalom ah-leinu v'al kol ha-olam ku-lo.

Spread over us your shelter of peace.

Praised are you, YHVH our God, who spreads a shelter of peace over us and the entire world.

13. Amidah

Adonai, sefatai tiftah, u'fi yagid tehilatechas

Eternal God, open my lips, that my mouth may declare Your glory.

Silent Prayer

14. Oseh Shalom

Oseh shalom bi-m'romav, hu ya-aseh shalom aleynu v'al kol yisrael, v'al kol yoshvei tevel.

May God who ordains harmony in the universe grant peace to us, to all Israel and to all humanity

15. Prayer for Healing

Mi shebeirach avoteinu,

M'kor hab'racha l'imoteinu

May the source of strength,

Who blessed the ones before us,

Help us find the courage to make our lives a blessing, and let us say, Amen.

Mi shebeirach imoteinu

M'kor hab'rachah l'avoteinu

Bless those in need of healing with *r'fuah sh'leimah.*

The renewal of body, the renewal of spirit, And let us say, Amen

16. Aleinu

Aleinu le'shabeiah la'adon hakol, lateit gedulah,

leyotzeir bereshit,, Va'anahnu korim,,

u'mishtachavim, u'modim, , lifnei melech, malchei

ham'lachim, hakadosh baruch Hu.

It is our duty to praise the Master of all, to acclaim the greatness of the One who forms all creation.

And so, we bend our knees, and bow down, and give thanks, before the Ultimate Holy One. The Lord is our God, there is no other.

Kakatuv be'toratecha: "Adonai yimloch le'olam

va'ed." Ve'ne'emar: "Ve'haya Adonai le'melech al

kol ha'aretz, bayom hahu yihiyeh Adonai ehad,

u'shemo ehad."

17. Mourner's Kaddish

Yit-gadal v'yit-kadash sh'mey raba, b'alma di v'ra hirutey, v'yam-lih mal-hutey b'ha-yey-hon u-v'yomey-hon u-v'ha-yey d'hol beyt yisrael ba-agala u-viz-man kariv, v'imru amen.

Y'hey sh'mey raba m'varah l'alam ul-almey alma-ya.

Yit-barah v'yish-tabah v'yit-pa-ar v'yit-romam v'yit-na-sey v'yit-hadar v'yit-aleh v'yit-halal sh'mey d'kud-sha, B'rih hu, l'eyla min kol bir-hata v'shi-rata tush-b'hata v'ne-hemata da-amiran b'alma, v'imru amen.

Y'hey sh'lama raba min sh'may-ya v'ha-yim aleynu v'al kol yisrael v'al kol ba'ei olam, v'imru amen.

Oseh shalom bi-m'romav, hu ya-aseh shalom aleynu v'al kol yisrael, v'al kol yoshvei tevel, v'imru amen.

Magnified and sanctified be God's great name in the world which God has created according to God's will. May God establish God's kingdom soon, in our lifetime. Let us say: Amen.

May God's great name be praised to all eternity.

Hallowed and honored, extolled and exalted, adored and acclaimed be the name of the Holy One, though God is above all praises, hymns, and songs of adoration which human beings can utter.

Let us say: Amen.

May God grant abundant peace and life to us all, to Israel and to all people. Let us say: Amen.

May God who ordains harmony in the universe grant peace to us, to all Israel and to all humanity.

Let us say: Amen.

18. Ahat She'alti - I Ask for One

Ahat she'alti me'eit Adonai ota avakeish

Shivti b'veit Adonai kol y'mei hayay

La'hazot b'noam Adonai u'levaker b'heichalo

Just one thing I ask, or, I ask for One, from the Lord, this is what I request: Have me sit in a place of holiness all the days of my life and allow me to see and feel God wherever God may be.

Torah - Study (Zoom)

- **Daniel** - No class until Oct 4
- **ToraTeachings** - No class until Sep 29
- **Judges** - No class until Sep 30

Avodah - Spiritual Practice

- 1st Day Sukkot - Tuesday, Sep 21, 10:30am, at Sascha and Rabbi David's home
- **Sh'mini Atzeret/Simhat Torah**, including yizkor, Tuesday, Sep 28, 10:30am online

G'millut Hasadim - Fixing the World

California continues to suffer from drought at various levels, for more: <https://www.drought.gov/states/california>